



PLASTIC FREE JULY

Will you accept the challenge?

Homemade Deodorant

Recipe 1

Ingredients:

- 1 part baking soda.
- 6 parts cornflour.

Instructions:

Mix in a reusable and resealable container. Close the container and shake vigorously for about 1 minute to thoroughly mix the two powders. Dab a small amount on the skin of your armpits with a soft cloth, cotton ball or cosmetic applicator.

Recipe 2

Ingredients:

- ½ cup baking soda.
- ½ cup cornflour.
- A few drops of tea tree oil.
- 2 whole bay leaves

Instructions:

Combine. Moisten underarms or apply before drying after a shower. Pat on with a cotton ball or sprinkle on a wet washcloth.

Recipe 3

Ingredients:

- 1 part cornflour.
- 1 part baking soda
- Coconut oil

Instructions:

Combine cornflour and baking soda (start with ¼ cup of each). Then add as much coconut oil as necessary to get the substance you desire. It is best to heat the coconut oil a bit first. Add your preferred oil.

[Find more recipes to help you on your plastic free journey here.](#)